

Contents

	Introduction	5
I.	Mental Life Gives Value To Living	7
	Unchecked urbanization and mental life	7
	Mass migration and its psychosocial consequences	9
	Legislation and psychosocial aspects of health	10
	Maintaining family cohesion	13
	Technology for daily living	16
II.	Mental Health Technology Can Improve Health Care In General	17
	Mental health in general health care services	19
	Countering dehumanization of medicine	19
	Reducing chronic ill-health and disability	22
III.	Mental And Neurological Disorders And Associated Disabilities Can Be Prevented Or Treated	26
	Prevention of mental and neurological disorders	27
	Primary mental health care	31
	The need to support research	33
IV.	The Role Of The World Health Organization In An Expanded Mental Health Programme	34
	Acknowledgements	40